

Out of Work:
S.D.: (858) 530-0270
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LOCAL UNION 831

TRADESHOW & SIGN CRAFTS
I.U.P.A.T. - A.F.L. - C.I.O.

1155 Corporate Center Drive
Monterey Park, CA 91754
(626) 296-8086
www.local831.org



Need Assistance?

Do you feel like you're on a roller coaster? You are not sure what is around the next turn or beyond the next peak?

WE ARE HERE TO HELP YOU!!

Call Local Union 831 for:

- *Health Level Changes* - Your level may be changed to extend your benefits.
- *God Provides Food Bank* - You are able to get their annual fee waived. They are located at 2453 Troy Ave., So. El Monte, CA 91733. Phone: 626-442-4273. Hours: 8:00 a.m to 4:00 p.m, Monday – Friday, 8 - 2 Saturday. Email: godprovidesministry.org or gpmfoodbank@yahoo.com (see back for more details)
- *United Way.org* - Offers Food & Utility Assistance. Call the LU831 office.

LU831 Health Trust - Cobra, Buy-up, & Dependant Age Coverage Change, and www.coveredca.com :

Please call the Trust Office at 877-572-7005 or 626-279-3080.

Community NSW.gov: May have something to assist you here too!

Dial 2-1-1 or use internet: Each county has assistance, on the internet address bar, type in "211 and the County name"

-- Basic Needs (Food, Shelter, Clothing)
-- Crisis Intervention
...and more!

-- Financial Assistance
-- Health Care Referrals

-- Childcare Services Government Programs
-- Elderly Care Services Volunteer Information

Federal Housing Program:

For Mortgage Information - <http://makinghomeaffordable.gov/requestmod.shtml>

Local City Community Center:

On the Internet, in the address bar, click and type in: city of (enter your city), and choose the link(s) you would like more information on.

Local Utility companies:

They have programs for assistance if you qualify. Give them a call.

Vocational Rehabilitation:

If your situation falls under this category, you may be able to get help. You can find this number under State Government Offices in the front of the phone book or apply online: www.dor.ca.gov

For Assistance in Applying for Unemployment Benefits please visit:

http://www.workforcedevelopmentmonth.com/workforce_experts_lacounty.asp

Unionplus.org

Union Plus Assistance Programs may help you:

- Have you been laid off? --Worried about paying your bills? --Do you have large, unpaid medical bills?
- Have you become disabled within the last 12 months (and have been out of work at least 90 days)?, etc.

God Provides

There is no longer a membership fee.

The cost is \$25 per base package (base package = 100 lbs, adjustments can be made to packages)

Union members, just show your badge.

You will receive a card; each visit you get it stamped, then, the 11th trip is free.

South El Monte residences, with proof of residence (like a utility bill), get their package for \$10. The City of El Monte pays the difference of \$15.

Food stamps accepted.

Veterans & Native Americans will get a \$5.00 discount.

No appointment required.

Only groups can volunteer.

Dairy, juice, and meat items are frozen.

Fruits, vegetables, and breads are available. Rice and beans on availability.

They are very limited on canned goods.

There is no limit as to how many times you can go in a week, month, etc.